

Are U.S. immigrants  
able to apply for SNAP  
food assistance?

Yes!



---

---

## Many immigrants in the US can qualify for SNAP food benefits!

When an immigrant does qualify for SNAP, there may be a waiting period. For example, some green card holders may have to wait 5 years before they can use SNAP, but many refugees and asylum seekers do not need to wait.

## Does receiving SNAP benefits negatively affect applications for a green card or citizenship?

Applying for or receiving SNAP will not affect your ability to:

- Remain in the United States,
- Get a Green Card/Permanent Legal Resident Status,
- Keep a Green Card/Permanent Legal Resident Status, or
- Become a U.S. Citizen.

- USDA and USDHS joint letter on public charge issued 1.5.22

---

---

## Keep in mind...

Undocumented individuals cannot access SNAP

**BUT**

might have family members (such as children)  
in their household that

**ARE ELIGIBLE**

for SNAP food benefits that may be enrolled.

## What is SNAP?

The Supplemental Nutrition Assistance Program (SNAP) is a federally funded food assistance program that helps people make ends meet by providing monthly benefits that can be spent at grocery stores and farmer's markets.



Contact the Food Bank's SNAP Hotline  
to check your eligibility and apply today!  
855-444-5556