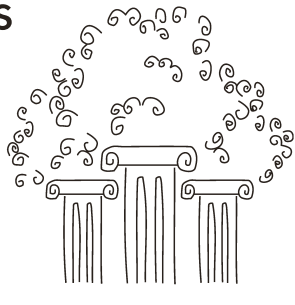


got education?

Did you know that Nebraska's ADC program allows you to go to college instead of working 30 hours a week?

The quickest and surest way to increase your income and become truly self-sufficient is to get an education.

The ADC program can help you with child care, transportation, and education-related expenses to make sure you have a



NEBRASKA
Appleseed

successful college experience.

Ask your caseworker about putting education into your self-sufficiency contract, or call Nebraska Appleseed at **438-8853** or (outside of Lincoln) **1-800-845-3746.**

what's in your contract?



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