The quickest and surest way to increase your income and become truly self-sufficient is to get an education.

The ADC program can help you with child care, transportation, and education-related expenses to make sure you have a successful college experience. Ask your caseworker about putting education into your self-sufficiency contract, or call Nebraska Appleseed at 438-8853 or (outside of Lincoln) 1-800-845-3746.

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